

Cornerstone News

National Cornerstone Healthcare Services, Inc.

September 2005

Inside the September 2005 Issue:

A Note from the President

-Introducing Edgar Kusnohadi

News and Updates

-Back to School.

Fall Recipes for You and the Kids

-Raspberry Breakfast Braid.

-Orange Marmalade Muffins.

Word Search Puzzle

-Back to School.

Did you Know?

-A Sphere has Two Sides.

A Note from the Pharmacist

-A Simpler Way – The MIX2VIAL™

Reimbursement

-Reminder



Peace of mind for your healthcare needs.

Note from the President



Welcome aboard...

Introducing Edgar Kusnohadi

By David S. Espinosa
President, NCHS

If you're getting used to seeing new "faces" in this column, that's a good thing. At National Cornerstone Healthcare Services, new faces mean growth. And we're certainly pleased with our growth during the past three years.

This month, the new face belongs to Edgar Kusnohadi, our finance manager.

Edgar's face isn't really new, at least not to many in the industry—he joins us after spending 12 years with a home healthcare company and another four with a pharmaceutical distributor AmerisourceBergen. He's a nice fit and we're confident Edgar will be with us for a long, long time.

Born and reared in Indonesia, Edgar moved to the U.S. in 1983, attending Azusa Pacific University in nearby Azusa. He graduated in 1987 with a BS degree in accounting, then attended graduate school at California State University, San Bernardino.

The home healthcare company hired him as a financial analyst in 1989, eventually elevating him to senior financial analyst and associate manager of financial reporting. After a stint as corporate manager of finance for AmerisourceBergen, Edgar joined NCHS in March.

"Through my previous job experience, I had familiarity with the products, familiarity with the reimbursement process, and a good grasp of the financial requirements that National Cornerstone is facing," said Edgar, who as finance manager is in charge of accounts payable, financial analysis, budget forecasting and accounts receivable projections.

"I'm responsible for evaluating how much revenue is coming in as well as analyzing the benefits of bringing in new patients and new contracts."

Thus far, Edgar hasn't been disappointed.

"In my mind, finance is a supporting role," he said. "I like to think I'm helping the company move in a positive direction. Even though I'm in the background, I think I play an important role in helping to guide the company toward greater success. I do my best to ensure that National Cornerstone remains financially healthy without sacrificing the well-being of our patients."

Already, Edgar has created several templates designed to evaluate business performance. He's currently developing additional reports to assist the Reimbursement Department in evaluating and maximizing accounts receivable as well.

When he's not working, Edgar spends considerable time with his wife, Bina, and their three children: Matthew, 11, Andrew, 7, and Melody, 3. He occasionally slips in a round of golf as well.

Clearly, we at National Cornerstone consider it our good fortune to have Edgar working on our behalf. He's experienced, well grounded and someone we're banking on to help this company continue down a successful road. We're pleased to welcome Edgar to our ship!

Sincerely,

David S. Espinosa

News & Updates

Back to School

By Mary Blahut

With all of the hustle and bustle required to prepare children for school, there are added concerns that a parent may have—especially when the child actually begins or moves into a new school.

Some concerns may include:

- What do I tell the school about my child's hemophilia diagnosis?
- Who do I tell? Do I talk with the teacher? The principal? The school nurse?
- What do I do if they don't know what hemophilia is?
- My child is being picked on—what can I do? Do I have any options?
- The school won't let my child play at recess. How can I get those in charge to understand?

Hemophilia Treatment Centers provide comprehensive care and play an important role in improving the physical and emotional well-being of your child and your family. Although team members will vary from center to center, you will find specialists experienced in most situations that develop during the school year.

The hematologist, pediatrician, orthopedist, nurse coordinator and social worker all work together to plan for your specific needs. Most important, they provide teachers and the school nurse with education and training in the health management of people with hemophilia.

Your concerns can be minimized by communicating with your Hemophilia Treatment Center care team. All you have to do is make an appointment with the doctor or nurse coordinator. Bring along your list of questions, and together you can create a plan that best meets your child's individual needs—at the same time making this a great school year!

If you're not familiar with or don't know about comprehensive care at a Hemophilia Treatment Center, National Cornerstone can provide you a list of 148 centers. Simply visit our website, www.nc-hs.com, and click on the link to the CDC (Centers for Disease Control) list of the Hemophilia Treatment Centers in the U.S.

Current News

NHF's 57th Annual Meeting:

Renewed
Strengthened
Empowered

Register on-line for NHF's 57th Annual Meeting, this year in San Diego. Visit www.hemophilia.org/annualmeeting to register and learn more about the Meeting.

NCHS is a proud sponsor of NHF and will attend the 57th Annual Meeting. To find us, look for the friendly people and the Pucker Powder Candy dispenser.

We look forward to seeing you at the Marriott Marina in San Diego, from Thursday, October 27th to Saturday, October 29th, 2005.

Cornerstone Kids

Back to School Recipes

By Smuckers.com

Raspberry Breakfast Braid

Ingredients:

Coffee Cake

- 2 cups packaged baking mix
- 1 (3 oz.) package cream cheese
- ¼ cup butter or margarine
- 1/3 cup milk
- ½ cup **Red Raspberry Preserves**

Glaze

- 1 cup powdered sugar
- ¼ teaspoon almond extract
- ¼ teaspoon vanilla
- 1 – 2 tablespoons milk

Directions:

In medium bowl, measure baking mix. Cut in cream cheese and butter until mixture is crumbly. Stir in milk. Turn dough onto a lightly floured surface and knead lightly 10 to 12 times. Roll dough into a 12x8-inch rectangle. Turn onto greased baking sheet. Spread preserves lengthwise down center 1/3 of dough. Make 2½-inch cuts at 1-inch intervals on long sides. Fold strips over filling.

Bake at 425°F for 12 to 15 minutes or until lightly browned.

Combine all glaze ingredients, adding enough milk for desired drizzling consistency. Drizzle over coffee cake.

Yield: 10 to 12 servings

Orange Marmalade Muffins

- 1-3/4 cups flour
- 1/4 cup sugar
- 2 eggs
- 1/2 cup **Sweet Orange Marmalade**
- 3/4 teaspoon salt
- 2 teaspoons baking powder
- 3/4 cup milk
- 4 tablespoons butter, melted

Icing

1/3 cup **Sweet Orange Marmalade**
 1 tablespoon soft butter or margarine
 2 cups sifted powdered sugar
 Preheat oven to 400°F. In medium bowl, combine flour, salt, sugar, and baking powder. In a separate bowl beat eggs; add butter, marmalade, and milk. Add all at once to the dry ingredients. Stir quickly and lightly until just mixed. Mixture will be lumpy. Fill greased muffin tins 2/3 full. Bake 20 to 25 minutes. For icing, blend all ingredients in a small bowl until smooth. Frost muffins when cool.

Makes 24 muffins.

“ BACK TO SCHOOL “

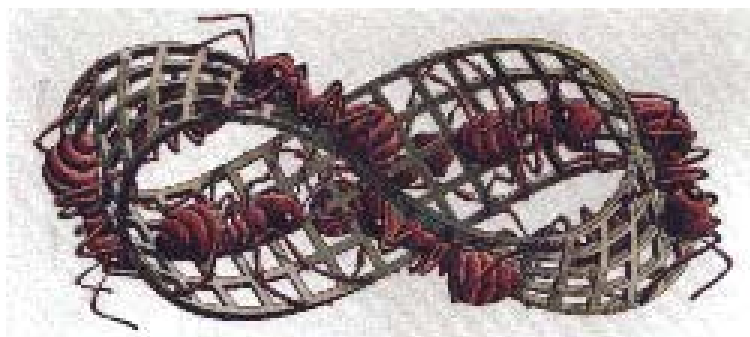
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BACKPACKS
 BOOKS
 PENCILS
 ERASERS
 DESKS
 TEACHERS
 CRAFTS
 LUNCH TIME

LUNCH SACK
 CLOTHES
 SHOES
 RED APPLE
 FRIENDS
 REPORTS
 BASEBALL
 BASKETBALL

VOLLEYBALL
 PHYSICAL EDUCATION
 BAND
 PHYSICS
 BIOLOGY
 MATH
 READING
 HISTORY

Did you know?



Sphere has two sides. A bug may be trapped inside a spherical shape or crawl freely on its visible surface. A thin sheet of paper lying on a desk also has two sides. Pages in a book are usually numbered two per a sheet of paper. The first one-sided surface was discovered by **A. F. Möbius** (1790-1868) and bears his name: Möbius strip. Sometimes it's alternatively called a Möbius band. (In truth, the surface was described independently and earlier by two months by another German mathematician **J. B. Listing**.) The strip was immortalized by **M. C. Escher** (1898-1972). Visit www.cut-the-knot.org/do_you_know/moebius.shtml to get more information.

Note from the Pharmacist

A Simpler Way – The MIX2VIAL™

By Richard Aguilar, Jr., Pharm.D.
Director of Pharmacy Operations

A new transfer device is being confidently introduced to the hemophilia community by ZLB Behring. This innovative creation, called the Mix2Vial™, is a simpler way to reconstitute factor products.



Mix2Vial is a plastic, needleless transfer and filter device with color-coded ends (blue for sterile water vials and white/clear for factor vials). It encourages parents and children to be more

independent by representing a new efficient and convenient alternative to reconstitution of 20mm-size vial tops.

ZLB Behring factor products that the Mix2Vial can be used with include Helixate® FS and Humate-P®. However, the device does not have any current application to Monoclate-P® and Mononine®, ZLB Behring's other factor products.

A Mix2Vial consumer kit developed by ZLB Behring will help to complement your initial use of the device. The kit features a brochure describing the Mix2Vial, an 11-inch x 15-inch paper infusion mat that depicts the reconstitution process, and a short survey requesting the user's valuable input.

A colorful 14 x 19 foam back infusion mat also may be requested by calling ZLB Behring toll-free at (888) 508-6978. This durable mat, which may be wiped and used over and over again, also illustrates the reconstitution process and may be used on a table or countertop.

Questions concerning the Mix2Vial may be forwarded to ZLB Behring Medical Information at their toll-free number, (800) 504-5434, or by contacting your local ZLB Behring representative.

The Mix2Vial is available from National Cornerstone Healthcare Services for use on all dispensed Helixate FS and Humate-P vials. Please be sure to request them when placing your next order for these factor products. I'm sure they will help to speed up the early-morning routine as kids are returning to school this fall.

Note from Reimbursement

Reminder

By Lauran Niemi,
Reimbursement Supervisor

Open enrollment

For many of you it is that time of year again. Your employer may be offering you a choice of several different health insurance plans to choose from.

Thinking about making changes?

Considering switching to another plan?

Contact your local representative or our Reimbursement Department at 866-616-6247 and we can assist you in making the right choice!!

Remember to visit our website at www.nc-hs.com.

